



## 2<sup>nd</sup> Annual Running for the Youth 5K & 10K Run or 5K Walk Registration



Proceeds are for Blessed Sacrament Catholic Lighthouse Leadership School and the Catholic Youth Organization (CYO)

**Eagles Club 3737 N. 5<sup>th</sup> Street Quincy, IL.**

**September 19, 2015 8:00 A.M.**

One form per participant needed. Please print on the form clearly and completely. Please make sure the form is signed.  
UNSIGNED ENTRIES WILL NOT BE ACCEPTED.

5K run      10K run      5K walk (circle one)

First name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Registration begins at 7:30 A.M. Start time 8:00 A.M.**

Only a paid entry before August 19, 2015 will receive a free T-Shirt.

T-shirt size (circle one) **Children:** S, M, L, XL **Adult:** S, M, L, XL, XXL

5K & 10K Run/Walk \$25 fee per person, family rate is \$75

**Age Divisions:** under 12, 13-18, 19-25, 26-35, 36-45, 46 and up.

Awards will be presented to top 3 male and female finishers in each division of 5K and 10K run.

I am enclosing a payment of \$\_\_\_\_\_ Make checks payable to: Blessed sacrament School

**Mail to:** Blessed Sacrament School 1115 S. 7<sup>th</sup> Quincy IL. 62301

- Mailed entries must be postmarked by August 19, 2015 to be guaranteed a free T-shirt.
  - Additional registration forms are available by email at [loriq13@hotmail.com](mailto:loriq13@hotmail.com)
  - Additional T-shirts will be sold during registration on September 19, 2015.
- Proceeds will benefit the youth at both Blessed Sacrament Catholic School and CYO.

Release and Waiver of Liability: I, the undersigned in consideration of the opportunity to participate and the acceptance of my entry in this event, intending to be legally bound, do hereby, on behalf of myself, my heirs, and legal and personal representatives, release, waive, and forever discharge any damages resulting from negligent acts or conduct, and including any and all causes of action relation thereto, which I might have or shall ever have against the Eagles Club and volunteers, affiliates, employees, representatives, and successors, assisting the Running for Youth Run sponsored by Blessed Sacrament School and the CYO. I further state that I have sufficiently trained for and that I am in proper physical condition to participate in this event. I further acknowledge that I am aware of and voluntarily assume the risks inherent in participating in this event. I further grant authorization of the free use of my name and/or photographs, videotapes, motion pictures, recordings, or any other record or transcription of my participation in this event, including, but not limited to, advertisements, for publicity, or other media accounts pertaining to this event.

Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Sign (Parent/Guardian if under 18) \_\_\_\_\_